

Mentors Make A Difference V

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REGISTRATION
DEADLINE
MAY 6, 2002

*Register Early!!!
Conference Sells Out
Quickly*

Monday, May 20th, 2002
8:30 to 3:30
Radisson Hotel, Burlington

AN INVITATION TO ALL

—Educators, Parents, Employers, Mentors, Youth and Community Members—
Come share ideas and learn strategies to expand and promote mentoring in Vermont.

DISCOVER YOURSELF IN A DAY OF FUN AND LEARNING
For adults and youth, ages 13 and up

Speakers and Conference Highlights:

Amy Darley - Senator James Jeffords' office



Lt. Governor Douglas Racine



Rusty Dewees
"The Logger"

Adults
Marketing
Fundraising
Program Models
Recruitment
Start-up Strategies
Mentor Support

Howard Moody
LifePlay

Youth and Adults
Aikido
Taiko Drumming
Fish Bowl
Rock Climbing
Hip Hop Dance
Mask Making

VT CHAMBER OF COMMERCE BUSINESS-EDUCATION PARTNERSHIP
VERMONT STUDENT ASSISTANCE CORPORATION
NATIONAL LIFE VERIZON ALTRIA CABOT CREAMERY
VERMONT COMMISSION ON NATIONAL AND COMMUNITY SERVICE

ABOUT THE CONFERENCE:

The conference is a joint effort between the Vermont Chamber of Commerce Business-Education Partnership and Vermont Mentoring Partnership to promote best practices and high standards in mentor programs and to meet the growing need for mentor programs in our communities.

WHO SHOULD ATTEND:

Those individuals or organizations interested in starting, maintaining or enhancing a mentoring program. Come to learn fundamentals, gain insight or put that finishing touch on your mentor program. This is also a rare opportunity for youth and adults to work together in an unconventional setting.

| | | |
|--------------------|--------------------------------|--|
| 7:30-8:30 | Conference Registration | |
| 8:30-8:45 | Opening Address | Damon Tabor/Amy Darley - Senator Jeffords' office |
| 8:45-9:15 | Keynote | Rusty Dewees |
| 9:15-9:45 | PLAY | Howard Moody |
| 9:45-10:00 | Transition | |
| 10:00-11:15 | Workshops | |

A1 MENTORING A-Z (All-Day Workshop) ADULT, INTRODUCTORY-ADVANCED
Linda Alioto-Robinson, Mass Mentoring Partnership

The cornerstone of a good mentor program—a comprehensive overview of the steps necessary to establish and sustain a high-quality mentor program including recruitment, screening, training, and supporting volunteers. Learn from a mentor master how to make your program run at peak performance. Participants will leave with a resource manual larger than many apartments, which includes a step-by-step outline to develop a mentor program and lists of mentoring resources.

A2 CREATING SCHOOL AND COMMUNITY PARTNERSHIPS ADULT, INTERMEDIATE
Martha Dubuque, Hardwick Elementary School

This workshop will address the major issues in setting up and maintaining a school-based mentoring program that uses community members as mentors. This model is based on a very successful program implemented in Hardwick that matches all 6th graders with a community mentor. The mentor program is a systemic change initiative, connected to student learning and the student curriculum.

A3 WORKING WITH MODELS ADULT, ADVANCED
David Murphy, Agency of Human Services

This workshop, unfortunately, has nothing to do with fashion models. Instead, this model demonstrates how to identify, collect and use outcome measurements in mentoring programs. Certainly not as glamorous as the catwalk kind, but a must-know in order to address the question, "Is anyone better-off?" Participants will gain a familiarity with the idea of logic models and be prepared to use the concept in their mentoring programs.

A4 LITERATURE AS A MENTORING TOOL ADULT, INTRODUCTORY
Lisa Christie, Everybody Wins! Vermont

Being literate is necessary to succeed in our society, and by ensuring our youth learn to read and write, we are opening a world of opportunity to them. Everybody Wins! Vermont, a statewide literacy and mentoring program, uses books and reading as the basis of a mentoring relationship, and mentoring as a means for improving literacy. This workshop will outline the EW!VT program, discuss the use of literature as a mentoring tool, and help interested attendees use literature and literacy activities in their mentoring.

A5 SO YOU WANNA BE A MENTOR? ADULT, INTRODUCTORY
Gabriella Tufo-Strouse, King St. Youth Center; Jim Vaillancourt, BHS; Hillary Hazen, Spectrum.

This introductory-level workshop introduces school and community-based mentoring programs to the uninitiated. Panel members will discuss the basic structure of their organizations and share stories, experiences, and helpful hints. Come armed with questions because this is a chance to learn the basics.

A6 CATCH 'EM DOING SOMETHING RIGHT! ADULT, INTRODUCTORY
Nancy Cathcart, Hardwick Elementary School

An interactive, body moving demonstration to enlighten participants about how our perceptions of young people shape our actions. This is a call to begin reshaping the way we think and talk about kids through positive youth development. Participants will leave with increased knowledge and also will take a pledge to change one youth-related behavior.

- A7 MOMS IN PRISON** ADULT, INTERMEDIATE
Joanne Jerose, Phoenix House Project
 The majority of incarcerated women have children, as well as a high percentage of incarcerated men. This workshop will explore the impact incarcerated parents have on their children and how mentoring programs for both offenders and children of offenders has positive and encouraging results.
- A8 WORKPLACE MENTORING** ADULT, INTERMEDIATE
Brooke Lockwood-Cole, Greg Wylde, Stowe High School
 Learn how to develop and implement a high school mentor program that focuses on career exploration. This program allows students to explore multiple career possibilities under the guidance of a mentor. The program focuses on helping students use their current academic resources to focus on their career goals.
- A9 GET FUNKY (must sign up for both sessions)** Ω YOUTH AND ADULT
Helena Sullivan, Stowe Dance Academy
 Menudo! Britney Spears! Elvis! John Travolta (will not be here) but join this distinguished lineage of illustrious hip-wigglers and booty-shakers. Participants will explore dance and movement as a form of communication and self-expression, get sweaty and learn how not to embarrass their partner in situations where dancing is required.
- A10 FISH BOWL/COMMUNICATION (must sign up for both sessions)** Ω YOUTH AND ADULT
Bob Stanton, Asst. Superintendent Lamoille Supervisory Union South; Mary Desautel, Lamb Assoc.
 You thought you knew teenagers. Uh-uh, times have changed. In the “fish bowl,” students will have the chance to be as honest as they want. Students will describe the support, guidance and modeling they seek from adults, whether the adults in their life are meeting those needs (adults—this may sting a bit; it’s for your own good), and how caring adults can become connected to young people around them. The adults remain outside the “bowl” to observe and listen. (students—sign up because this is your chance to holla’ out) The last hour of this workshop will be a youth and adult workshop on communication skills, which is, let’s face it, a skill that could always use more polishing.
- A11 MASK MAKING (All-day Workshop)** Ω YOUTH AND ADULT
Maggie Sherman, Hands On Productions
 You thought you knew yourself. Uh-uh, look deeper. Mask making is a journey in self-discovery, a chance to come face-to-face with what’s on the inside. This is a hands-on, visual art workshop with a dual purpose: to view oneself three-dimensionally and to experience the wonder of self-discovery. Participants will make plaster molds of their faces, decorate the masks, and then have an opportunity to discuss the meaning of the final work. This workshop is all about self-expression so come prepared to go deep and get your hands dirty.
- A12 TAIKO DRUMMING (must sign up for both session)** Ω YOUTH AND ADULT
Ed LeClaire, Burlington Taiko
 Learn to dispel evil demons and instill fear in enemies while looking really calm. Taiko - Japanese for "big drum" - incorporates thunderous drums up to 60 inches in diameter, graceful movement and colorful pageantry. Priests in antiquity used the performance to ward off spirits and samurai used it to scare opponents. Participants will have the opportunity to experience this mythic history and also indulge in a little creative self-expression.
- A13 PETRA CLIFFS (All-Day Workshop) *OFF-SITE** Ω YOUTH AND ADULT
 Climb High! Confront Fear! Wear a Harness! This all day workshop at Petraciffs Climbing Center allows students and adults to work together, learning more about using their skills and strengths to work as a team while expanding and exploring their individual leadership skills. Adults and youth will have the opportunity to explore low and high climbing structures (wear loose, comfortable clothing). **All participants must return a signed release form in order to participate.**
- A14 LIFEPLAY (Full-Day Workshop)** Ω YOUTH AND ADULT
Howard Moody, LifePlay
 Remember how fun it was being a kid? No worries, no bills, no fear of commitment. This workshop can help (except with that last one). This is the antidote to being a stuffy, boring adult. Learn effective strategies for dealing with stress and meeting the everyday challenges we face in life. Digging into his bag of tricks using New Games, Team Building games, Theater games and improv exercise, Howard will build a community of trust and safety that reminds us that we are all together on this journey in life. Please come dressed to play. (Adults are highly encouraged to attend)

11:00 – 11:15**BREAK****11:15- 12:30****WORKSHOPS****B1 MENTORING A-Z (CONTINUATION OF A1)****B2 YOU HIRED WHO!?!? LIABILITY ADULT, INTERMEDIATE***Max Schleuter, Department of Public Safety*

There are a lot of less-than-desirable characters out there—learn how to screen them out of your program. This workshop will cover use of criminal history record information for screening employees and volunteers. Discussion will focus on the debate over using criminal records, how to obtain records, policies for effective use, and negligent hiring issues. Each mentoring program's situation is unique, so there will be plenty of opportunity to have specific questions answered.

B3 GOING BIG-TIME: DEVELOPING A REGIONAL MENTOR NETWORK ADULT, INTERMEDIATE*Scott Johnson and Duncan Tingle*

Achieve the impossible! Uniting anyone under a common goal in a democracy is like herding cats, but it doesn't have to be (and mentoring's not a democracy). Come learn from two of the masters—Duncan Tingle and Scott Johnson, who have successfully initiated and maintained a mentor network—some of their field-tested techniques and recipes for success.

B4 3 R'S OF MENTORING (RECRUITMENT, READINESS, RETENTION) ADULT, INTERMEDIATE*Donna Rooney, Cambridge Elementary School*

This informative nuts and bolts workshop will give participants an overview of mentoring programs touching on the 3R's of Mentoring. How to recruit mentors, what kind of training or readiness is needed for mentors, how do you provide support and keep mentors. A seasoned mentor coordinator and relative newcomer, each offering a unique perspective, will give this presentation.

B5 E-MENTORING, THE SPACE-AGE MODEL ADULT, INTERMEDIATE*Susan Moakley & Holly Hammond, Vermont Student Assistance Corporation*

Mentor in your pajamas without having to leave the comfort of your own home or office. Learn about the new and improved E-Mentoring program that connects employees and students throughout Vermont in positive relationships through regular e-mail correspondence. These relationships help support and prepare youth with skills to succeed in school, work and life.

B6 BUT DOES THE STUFF REALLY WORK? ADULT, ADVANCED*John Bloch, Panel, Agency of Human Services*

We all know it feels good, but does mentoring really make a difference? The Holy Grail of all mentoring questions gets answered in this workshop. Focus will be specifically on mentor programs under the Safe and Drug Free Schools Act, through the Governor's set-aside. Participants will learn first-hand from proven mentor programs what produces tangible results. There will be a short introduction to data sets (*really short*), but focus will be primarily on anecdotes from program coordinators and mentees.

B7 COME ON AND GET SOME; FREE VMP/NMP RESOURCES ADULT, INTERMEDIATE*Robin Morton, Vermont Mentoring Partnership, Steve Zaricki, National Mentoring Partnership*

Did you know a statewide mentor network exists to provide free training, website connection, assistance in mentor recruitment and marketing? Are you listed on the mentoring.org website? Come and learn about the resources that are available to you and your program through the Vermont Mentoring Partnership and the National Mentoring Partnership.

B8 ACHIEVING THE IMPOSSIBLE--CONNECTING WITH YOUTH ADULT, BEGINNER*Lisa Schnell, University of Vermont English Department*

Teenagers are notoriously mysterious and murky, often as easy to read as 19th-century Russian novels. But being a good mentor is often the same as being a good reader—an ability to hear all the complex things someone says and also the complex ways in which they say them; it means paying attention not just to what someone says, but also to what is *not* said (and *why* they are not saying those things). So much about mentoring is about listening, or, in other words, reading. In this workshop, hear a seasoned professional talk about ways to listen to students and learn how to be a good interpreter.

B9 GET FUNKY (2nd Part of Workshop A9) Ω YOUTH AND ADULT**B10 FISH BOWL/COMMUNICATION (2nd Part of Workshop A10) Ω YOUTH AND ADULT****B11 MASK MAKING (2nd part of Workshop A11) Ω YOUTH AND ADULT**

| | | | |
|------------|-----------------------|--|--------------------------|
| B12 | TAIKO DRUMMING | (2nd part of Workshop A12) | Ω YOUTH AND ADULT |
| B13 | PETRA CLIFFS | (2nd part of Workshop A13) | Ω YOUTH AND ADULT |
| B14 | MOVEMENT | (2nd part of Workshop A14) | Ω YOUTH AND ADULT |

| | |
|---------------------|---|
| 12:45 – 2:00 | LUNCH DOUGLAS RACINE- LIEUTENANT GOVERNOR AWARDS |
| 2:00-2:15 | TRANSITION |
| 2:15- 3:30 | WORKSHOPS |

C1 MENTORING A-Z (ALL DAY WORKSHOP)

C2 DRUGS, SEX & MENTORING—SUPPORTING MENTORS ADULT, INTERMEDIATE
Steve Gold, Department of Employment & Training; Panel

This workshop focuses on ways to provide the necessary support to mentors, from brown bag lunches to check-ins and resources directories. This teaches mentors to answer and respond to challenges that often arise in mentoring—drug abuse, physical and sexual abuse, criminal behavior. The workshop will provide insight into how to implement the necessary safety and support mechanisms to support mentors.

C3 BECOME A MARKETING GURU 101 ADULT, INTERMEDIATE
Kirt Zimmer, Stowe Mountain Resort

Hula-Hoop! FloBee! Mentoring—the next big thing!! Learn how to get the word out about your organization or product without spending a lot of money. News releases, internet marketing and event planning will all be discussed in this interactive workshop. Bring your questions! Kirt Zimmer, the communications manager for Stowe Mountain Resort, has also worked as a reporter, marketing specialist and communications manager for a number of organizations in Vermont.

C4 ENGAGING EMPLOYEES IN THE MENTORING PROCESS ADULT, INTERMEDIATE
Panel moderated by Mary Galligan Mathieu, The Points of Light Foundation & VT C.N.C.S chair

Want to learn more about engaging employers in corporate volunteering -- especially mentoring? Come to this workshop and talk with corporate volunteers. Ask about key success points with mentors from companies. Find out how to approach businesses for volunteers, how to make a good case for businesses to work with your organization, what employees can and can't do for your organization's mission, and much more.

C5 SHOW ME THE MONEY ADULT, INTRODUCTORY
Christine Graham, Consultant CFG Enterprises

That money makes the world go round is an unfortunate fact in life. But you've got to pay to play, as the saying goes. This interactive workshop gives practical tools to mentor program directors on how to cultivate resources for your mentor program. This session targets the skills and information you need to raise funds and sustain your program; including grant writing, face to face solicitation, identifying prospects, why people give, research, data, current news and helpful hints.

C6 PERFECT ABS IN 1 DAY! ADULT, ADVANCED
Robin Morton, Vermont Mentoring Partnership

Does your mentoring program have that trim, toned & healthy look you want? Are all the pieces in place that make it safe and sustainable for everyone involved? Would you like your program to become certified by the Vermont Mentoring Partnership? Learn how to use the essential elements of mentoring to ensure that your program is the best it can be and looks good on the beach.

C7 DIVERSITY: WHAT DOES THIS HAVE TO DO WITH MENTORING? Ω YOUTH AND ADULT
Susan Moakley and Holly Hammond, Vermont Student Assistance Corporation

Imagine how boring the world would be if everyone just wore khaki or thought that musicals were good entertainment. Diversity makes the world go around and keeps us from sinking into a pit of tedium and uniformity. The workshop leaders will lead a discussion on how mentoring programs can promote cross-cultural communication in a broad sense. Specific activities will be presented for adults to encourage an appreciation of social, cultural, age and gender differences.

- C8 BRANCHING OUT PROGRAM** ADULT, INTERMEDIATE
Carolyn Shapiro, Larry Michaels, Branching Out Program
 Branching Out is a high school program that enhances small school course offerings by allowing students to create studies for which they are passionate. During this workshop, students and mentors will share their experiences of learning together in a situation where the student sets the focus. Discussion and audience questions will follow.
- C9 ENTER THE DRAGON! CREATIVE RISK-TAKING** Ω YOUTH AND ADULT
Deborah Markowitz, Secretary of State
 Risk-taking is often sacrificed for the safe and comfortable. This approach can be, in fact, ultimately self-defeating. Understanding risk and employing it to make educated decisions opens up more possibilities than one can imagine. Hear inspiring stories from one of the state's top politicians and activists about how she overcame the oh-so-human self-protection tendency and rose to the top of her game.
- C10 SKILL BUILDING/ PEER MEDIATION** Ω YOUTH AND ADULT
Mary Desautels, Lamb Associates
 In this interactive session, participants will learn about Peer Mediation, a natural outgrowth of Peer Mentoring. Peer mediation programs train students to work with each other to resolve disputes. Peer Mediation training's focus on building communication and conflict resolution skills. Participants will take part in several peer mediation training exercises and learn how to transcend the Neanderthal reaction to which most of us succumb.
- C11 MASK MAKING (3RD PART OF ALL-DAY A11)** Ω YOUTH AND ADULT
- C12 AIKIDO, THE WAY OF HARMONY & INTERNAL POWER** Ω YOUTH AND ADULT
Benjamin Pincus, Akido Vermont
 Want to be like the guys in Fight Club? Then this is probably the wrong workshop for you. Aikido is a Japanese martial art that integrates throwing and pinning techniques with a philosophy emphasizing the peaceful resolution of conflict within oneself and in everyday life. This class will introduce students to the basic movements of aikido and a few self-defense techniques. It will also explore the relationship between the blending movements of aikido and conflict resolution.
- C13 PETRA CLIFFS (ALL DAY WORKSHOP)** Ω YOUTH AND ADULT
- C14 HOWARD MOODY (ALL DAY WORKSHOP)** Ω YOUTH AND ADULT

Conference Agenda

| | | |
|------------------|-------------------------|--------------------------------------|
| 7:30 - 8:30 AM | Conference Registration | |
| 8:30 - 8:45AM | Welcome/Opening Remarks | Amy Darley - Senator Jeffords office |
| 8:45 - 9:15 AM | Keynote | Rusty Dewees |
| 9:15 - 9:45 AM | PLAY | Howard Moody |
| 9:45 - 10:00 AM | Transition | |
| 10:00 - 11:15 AM | Workshops A1-A14 | |
| 11:15 - 11:30 AM | Break/Transition | |
| 11:30 - 12:45 AM | Workshops B1-B14 | |
| 12:45 - 2:00 PM | Lunch/Awards | Lt. Governor Douglas Racine |
| 2:00 - 2:15 PM | Transition/Break | |
| 2:15 - 3:30 PM | Workshops C1-C14 | |

Sponsors

Vermont Chamber of Commerce-Business Education Partnership
Natria Verizon Cabot Creamery Altria
Vermont Commission on National and Community Service
Vermont Student Assistance Corporation

Hotel Information

Directions. From I-89, take exit 14W, follow Main Street to the lakefront, turn right onto Battery Street and look for the Radisson on your right.

Parking. Parking is limited below the Radisson hotel. Discount coupons for the Radisson Parking Garage are available at the hotel guest registration desk. Additional parking is available across the street at the waterfront and at Filenes parking garage.

Lodging. Discounted accommodations are available at the Radisson Hotel under the conference name until May 1, 2000. For more information call 800-333-3333.

Mentors Make A Difference V

Monday May 20th, 2002
 Radisson Hotel, Burlington

REGISTRATION FORM

(Please Print)

Name _____
 Organization Name _____ Position or Title _____
 Address _____
 City/State/Zip _____
 Phone _____ Fax _____
 Email _____
 Organization Responsible for Payment if different than above _____
 Billing Address _____
 Billing Phone _____

Workshop Selection:

Please indicate the number of the workshop and seminar you would like to attend by marking your first choice with a 1 and second choice with a 2. Space is limited and sessions will be filled on a first-come first-serve basis. "X" denotes all-day or partial day-workshops.

Breakout A 10:00-11:15

A1 ___ A2 ___ A3 ___ A4 ___ A5 ___ A6 ___ A7 ___ A8 ___ A9 ___ A10 ___ A11 ___ A12 ___ A13 ___ A14 ___

Breakout B 11:30-12:45

B1 **X** B2 ___ B3 ___ B4 ___ B5 ___ B6 ___ B7 ___ B8 ___ B9 **X** B10 **X** B11 **X** B12 **X** B13 **X** B14 **X**

Breakout C 2:15-3:30

C1 **X** C2 ___ C3 ___ C4 ___ C5 ___ C6 ___ C7 ___ C8 ___ C9 ___ C10 ___ C11 **X** C12 ___ C13 **X** C14 **X**

Lunch Choice

Pasta (Vegetarian) Chicken None

Registration Type

IMPORTANT—ALL PARTICIPANTS MUST FILL OUT & RETURN A

Youth Adult PERMISSION SLIP, LIABILITY FORM & PHOTO RELEASE.

Registration Options and Fees:

| | Youth full-day with lunch | Adult full-day with lunch |
|---|---------------------------|---------------------------|
| If received by MAY 6th | \$40 | \$65 |
| If received after MAY 6th | \$65 | \$90 |

Payment: A SEPARATE REGISTRATION MUST BE COMPLETED FOR EACH PARTICIPANT

Payment must accompany registration. Make checks payable to VCCBEP. School district purchase orders will be accepted. Payment confirms your registration unless we notify you otherwise. Registrations are non-refundable.

Amount Enclosed: Check _____ Money Order: _____

Purchase Order: _____ # _____

Presenter: No Registration fee for up to 2 presenters/workshops _____

Return Registration Form and A Check Payable to:

"VCCBEP"
 PO BOX 649,
 Montpelier, VT 05601
 Email: akelley@vtchamber.com
 Ph: 802.223.0603; Fax: 802.223.4257

| |
|------------------------|
| Office Use Only: |
| PO #: _____ |
| Date of Payment: _____ |
| Check #: _____ |
| Amount Paid: _____ |



Mentors Make A Difference V

Radisson Hotel, Burlington

This conference is being held at a location that meets accessibility needs of individuals with disabilities. If auxiliary aids or services such as interpreters, listening devices, large print, or Braille materials are needed, contact Robin Morton at 802-223-0603 by May 6th.

**Registration Deadline
May 6th**

Special Needs:

Questions? Need Additional Information?

Call Robin Morton
802-223-0603

or

Email: Mortons7@aol.com
or FAX 802-223-4257

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